

Ursuline Identity Team (UIT) / Ursuline Alumnae Association
“LIFE TOPICS” - MONTHLY SESSIONS 2009-10

Please fill out at your earliest convenience, and e-mail to alumnae@ursulineneworleans.org, fax to (504) 861-9159 Attn: Alumnae Office or mail to Ursuline Academy Alumnae Office, 2635 State Street, New Orleans, LA 70118.

NAME:

GRAD YR:

E-MAIL:

PHONE:

TOPIC(S) ON WHICH YOU’D LIKE TO SPEAK: (Please feel free to offer your own suggestions.)

The “How to” topics listed below are those in which students have already shown an interest:

- Managing money/balancing a checkbook
- Self defense techniques
- First Aid
- Basic sewing techniques
- Basic car care (how to change a tire, etc.)
- Basic dancing tips – ballroom, swing, ballet, hip-hop, etc.
- Manners and etiquette
- Job interview skills/writing a resume
- Basic cooking/baking skills
- Babysitting tips/basic child care
- Interior Design
- Organizational skills/Time Management skills
- Younger alumnae - Tips for college, your own experience, dorm life, successes, regrets, etc.
- Older alumnae – stories about Ursuline “back in the day”

The Ursuline Identity Team (UIT) is planning to sponsor monthly sessions on “life topics” throughout this coming school year. As a way to help increase alumnae involvement with the current students, the UIT has asked for alumnae participation in leading the sessions by speaking to the girls about your current profession or instructing them on any basic skills that may be needed throughout life in general.

(The UIT is a group that was established by the Central Province of the Ursuline Sisters to uphold and continue the teachings of St. Angela for all members of the Ursuline community. Through this team, all members of the Academy, including the current students, continue to keep the mission of St. Angela alive.)