

# URSULINE



# BASKETBALL

VOLUME 1, ISSUE 4

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## A MESSAGE FROM COACH LANIE GRIFFIN

Overcoming adversity can sometimes be one of the toughest things to teach young athletes. Challenges are not optional, so it is essential we teach them how to overcome their obstacles and not let their obstacles overcome them. One thing we focus on is our attitude. We often use the quote, "It's not what happens to you, it's how you respond." Life is all about choices. Every morning, we have a choice to be positive or negative. Many times when we are faced with a difficult situation it's hard to see what good God has planned, but we must trust that His plans are better than ours. I believe God uses adversity to mold and shape us into the person that He wants us to be. One of the core values here at Ursuline is development of the whole person. We stress the same message throughout our basketball program by teaching athletes to learn to accept adversity with a positive approach, guiding them to be successful in college, and later on, with their jobs and their family. I hope that our commitment to this practice is what makes them proud to be a part of the Ursuline tradition.

## SENIORS OF 2011

On Tuesday, Feb. 8, Ursuline held its annual Senior Night for the class of 2011. We honored our four seniors for their dedication and commitment to our program for the past five years. Congratulations, we are so proud of you!



## FOUR YEAR RECAP

- 2010—District Champs, Quarterfinalist
- 2009—District Champs, State Semi-finalist
- 2008—District Champs, Quarterfinalist
- 2007—District Champs

## UPCOMING EVENTS:

SALMEN AWAY	2/11
BI-DISTRICT PLAYOFF WOODLAWN—B.R. HOME	2/17
REGIONAL PLAYOFF TBA	2/21
QUARTERFINALS TBA	2/24
LADIES TOP 28 FINAL FOUR HAMMOND/SLU	3/1-5

## SPOTLIGHT ON THE FRESHMEN

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### JENNA DEEMER

Jenna is our lone freshmen on the 2011 roster. This is her second year as a member of Ursuline Basketball. She has an incredible sense of court awareness and understands the game well beyond her years. She is a threat on offense, capable of both shooting the outside jumper and finishing strong on a rebound.

When Jenna isn't playing basketball, she likes to swim, shop and eat French fries and hot wings. Some of her favorite players are Candace Parker, Derrick Rose and LeBron James. She loves the colors blue and orange, and she admires her mother. Jenna would like to attend college at either the University of Tennessee or Connecticut.

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## 2011 CO-DISTRICT CHAMPIONS

On Friday, Feb. 11, your Lions claimed a share of the district title by splitting with Salmen. The girls finished their district season with an impressive 11-1 record. Our overall record is now 20-10, and we will enter the playoffs as a thirteenth seed. We will face Woodlawn of Baton Rouge at home on Thursday, Feb.17 to start the first round of playoffs. Hope to see you there!



## URSULINE BASKETBALL WELCOMES...

### COACH CHELSEA REBSTOCK

Coach Chelsea begins her first year as an assistant coach with our program. She is a native of Cut Off, Louisiana and played her high school career at South Lafourche High School. She is currently a junior at Delgado where she is majoring in radiology. She enjoys activities such as softball, swimming and basketball.



### COACH LINDSEY GRIFFIN

Coach Lindsey is also beginning her first year as an assistant with our program. She is a native of Lockport, Louisiana and played her high school career at Vandebilt Catholic, where she also was a member of their State Championship swim team. She is majoring in radiology at Delgado as a sophomore. She enjoys swimming, kneeboarding, shopping and hanging out with friends. She also coaches the Ursuline middle school swim team.



### WAY TO GO, LIONS!!!



Ferguson '11

Congratulations to Brennan Ferguson on being selected as a finalist for the Powell Scholarship. This is a highly prestigious honor at the University of the Pacific in Stockton, California. An interview is awarded to only 90 finalists of the 600 applicants. A mere 15 students will be awarded the distinction of being named Powell Scholars. This scholarship offers \$15,000 a year for four years and an additional \$7,500 for research and study abroad. We wish Brennan luck with the process, and we know that she will represent Ursuline proudly!

## JOIN US FOR FACULTY AND STAFF APPRECIATION NIGHT

On Thursday, Feb. 17 at 6 pm, we will host our first home playoff game. Only the top 16 teams receive a home bid first round, so we are very excited to have the opportunity to begin the playoffs in our home gym! We are making this night our 1st Annual Faculty and Staff Appreciation Night. We want to show you how much we appreciate all your support from the stands and everything that you do in the classroom. There will be a hospitality area with food and desserts just for you, as well as door prizes just for coming to the game. There will also be a student/teacher competition at halftime, so if you would be willing to participate, please e-mail or contact Coach Lanie Griffin. Hope to see everyone at the game on Thursday!



## ROAD TO THE FINAL FOUR

The playoffs are finally here! Be sure to order your 2011 Ursuline Basketball playoff spirit shirt and show your support as we begin the road to the Final Four in Hammond. This is an exciting time for us as we put all our hard work and dedication to the test against some of the best teams in the state. Our first game will be a "White Out", and we are asking everyone to wear their white playoff spirit shirt or another white Ursuline shirt to show your support! We hope to have an incredible crowd to give us that extra boost in what should be a competitive game!



URSULINE ACADEMY  
High School

2010-2011 GIRLS BASKETBALL SCHEDULE

11/6	Hahnville Tri-Scrimmage (Hahnville, Dominican)	AWAY	10:00
11/17	Vandebilt Jamboree***	AWAY	TBA
11/22-24	Dominican Tournament***	AWAY	TBA
11/29	St. Thomas Aquinas	AWAY	5:30/6:45
12/3-4	Terrier Classic***	AWAY	TBA
12/7	Chapelle***	HOME	5:00
12/10-11	St. Louis Tournament***	AWAY	TBA
12/18	East Iberville	HOME	2:00
12/20	<b>Lakeshore</b>	<b>HOME</b>	<b>5:00/6:15</b>
12/22	<b>East Jefferson</b>	<b>AWAY</b>	<b>5:00/6:15</b>
12/27-29	Denham Springs Tournament***	AWAY	TBA
1/6	Dominican	HOME	4:30/5:45
1/7	<b>Franklinton</b>	<b>AWAY</b>	<b>5:00/6:15</b>
1/11	<b>Cabrini</b>	<b>HOME</b>	<b>4:30/5:45</b>
1/14	<b>Pearl River</b>	<b>AWAY</b>	<b>5:00/6:15</b>
1/15	Vandebilt JV Tournament	AWAY	TBA
1/18	<b>Salmen</b>	<b>HOME</b>	<b>5:00/6:15</b>
1/19	John Ehret	HOME	4:30/5:45
1/21	<b>Lakeshore</b>	<b>AWAY</b>	<b>5:00/6:15</b>
1/25	<b>East Jefferson</b>	<b>HOME</b>	<b>5:00/6:15</b>
2/1	<b>Franklinton</b>	<b>HOME</b>	<b>5:00/6:15</b>
2/4	<b>Cabrini</b>	<b>AWAY</b>	<b>5:00/6:15</b>
2/8	<b>Pearl River</b>	<b>HOME</b>	<b>5:00/6:15</b>
2/11	<b>Salmen</b>	<b>AWAY</b>	<b>5:00/6:15</b>
2/17	Bi-District Playoff	TBA	TBA
2/21	Regional Playoff	TBA	TBA
2/24	Quarterfinals	TBA	TBA
3/1-5	Ladies Top 28	HAMMOND/SLU	TBA

**DISTRICT GAMES IN BOLD**

\*\*\* DENOTES VARSITY ONLY

**HEAD COACH: LANIE GRIFFIN**

ASSISTANT COACH: CHELSEA REBSTOCK

ASSISTANT COACH: LINDSEY GRIFFIN

PRINCIPAL: JOHN GABRIEL

ATHLETIC DIRECTOR: REBEKKA BONNAFFEE